

Travel report Annual Meeting American College of Rheumatology (ACR) 2016

From November 11th until November 16th I visited the annual meeting of the ACR, which was organized in Washington D.C. During this annual meeting, this year hosting over 16700 participants, provides a broad overview on all the clinical and basic scientific research in the field of rheumatic diseases.

For me, the meeting started on the 11th and 12th with a special pre-meeting course on cell metabolism. Due to the talks of 15 expert, I got insight into how cell metabolism can influence its activity and how important this aspect is in determining the cellular phenotype. The rest of the meeting there were various interesting abstract and invited speaker talks, that gave me an idea of what people are working on and gave me inspiration for my own research. Also the poster presentations were very interesting and I was able to have valuable personal discussions with the presenting authors of several posters. On Monday I got to present my own work via a poster. Although I was in the far back of the room, a lot of people visited my poster and I had useful discussions with these visitors.

Visiting the ACR this year has not only been good to get updated on the recent work in the rheumatology field. I got the opportunity to talk to a lot of people and expand my network during the welcome reception and various dinners with colleagues and other researchers. Also, because I previously visited a lab at the NIH in Bethesda, which is near Washington D.C., I was able to catch up and make new research plans.

Overall this was a very valuable meeting for me. Therefore, I would like to thank the NIVI for providing the opportunity to go to the ACR this year.