

## Conference: **European Congress of Immunology 2015**

6-9 September 2015, Vienna, Austria

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### Report:

In September 2015, I attended the European Congress of Immunology (ECI) in Vienna, Austria. The congress was organized by the European Federation of Immunological Societies (EFIS), which represents 31 immunological societies across Europe, including the Dutch Society of Immunology. Through this congress, the EFIS aims to strengthen interaction between these societies and their respective members.

During this 4 day meeting, one keynote lecture was given a day on topics ranging from tumor immunology and mucosal immunology, to metabolic processes involved in immunity. These lectures provided a broad overview of the variety of fields the ECI had brought together. As for the parallel & poster sessions, the meeting was organized into 4 main themes: Adaptive immunity, Innate Immunity, Diseases of the Immune System, and Immune Disease Interventions, allowing relatively easy navigation through the program topics.

On the second day of this meeting, I was given the opportunity to present my poster entitled "Human breast milk-derived extracellular vesicles modulate CD4 T cell responses", during the session "Lymphocyte Tolerance and Memory". There was a lot of interest in my findings, and it allowed me to discuss my ideas with expert immunologists, and inspire further research questions I could pursue. In addition, it was a great opportunity to catch up with existing collaborators, as well as establish new connections.

Overall, it was a very fruitful congress, which provided me with a more broad perspective on the field of immunology, as well as with new ideas with which I can continue my research. I would therefore like to thank the Dutch Society of Immunology for their financial contribution to my visit.